



## SASKIA KNIBBELER



Ko Saskia Knibbeler toku ingoa.

My coaching approach has been described as practical and pragmatic. I enjoy helping someone turn over a situation or goal in their mind and paying attention to what's not necessarily obvious. This approach creates insights and energy, as people find new actions through their own thinking. I pay attention to the coachee's goals and underlying intentions, drawing from what is implied and making that explicit and meaningful.

As a Senior Consultant, I have over a decade of experience in supporting leaders at all levels to navigate complexity and change. I feel particularly passionate about helping new or inexperienced leaders achieve their own and their team's potential. I work to build connections between individual goals and actions and the bigger picture, the team purpose or direction of the organisation.

My early background in HR and involvement in a variety of organisations has given me a rich foundational understanding of the challenges faced by teams. My career development has not been linear, but driven by a desire to explore, learn and understand, and therefore my engagements have been broad and varied, especially as an independent consultant working on contracts and running my own business.

## MY WHAKAPAPA

I was born in The Netherlands in the 1970s and moved, with my parents and sister, to New Zealand in 1980. My Dutch background gave me my practical and pragmatic approach, while my Indonesian grandmother and great aunts built a strong value set around family, community and history. Creativity, curiosity and interest in people dynamics were fostered in me from a young age.

We travelled a lot as a family when I was growing up, both in Europe and within Aotearoa New Zealand. I have a cat called Charles Casper the Good Luck Cat who became somewhat of a celebrity recently as we travelled together for a year. In my spare time, I enjoy a bit of gaming and exploring new and innovative technologies.

I'm happy to meet face to face or virtually to see if I can be of service to you.

Ngā mihi, noho ora mai

**Saskia**

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